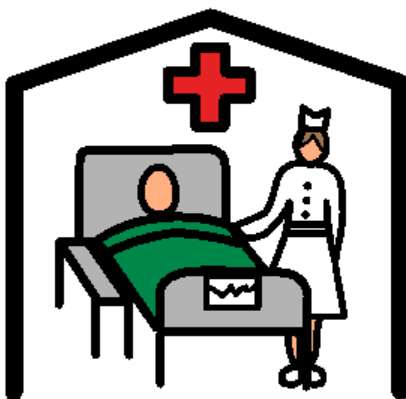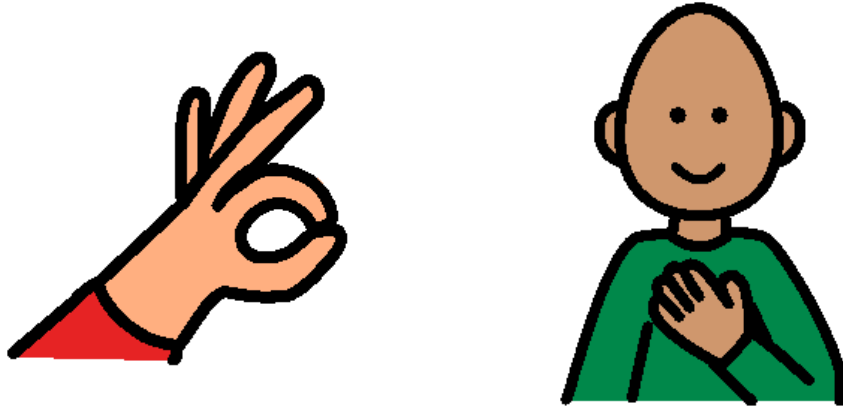# Blood Tests

Sometimes I get sick or hurt.

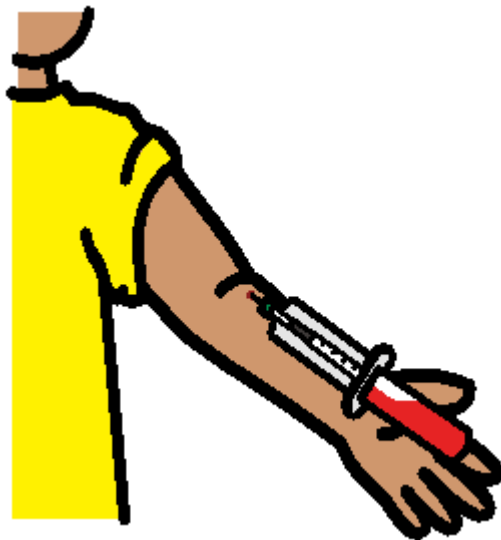When this happens, I might go to the hospital or to see a doctor.

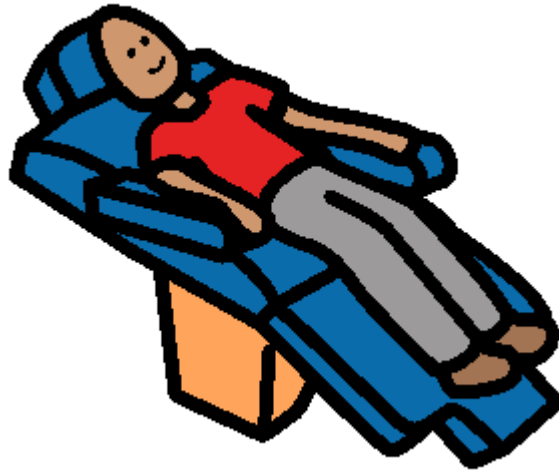This is okay because the doctor can help me feel better.

The doctor may have to look at my blood to see if I'm ok.
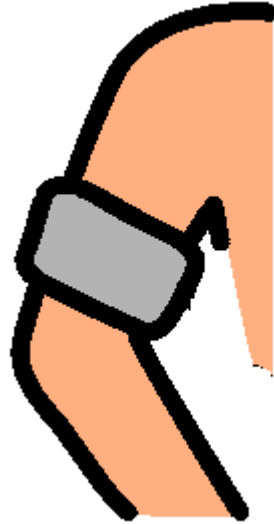To do this, the doctor may need to put a small needle in my arm.

I will need to sit or lie still on the hospital bed.

Mum and Dad will be there the whole time to help me.

The doctor will put a band on my arm. It might feel tight around my arm. This is okay, because it won't last very long.

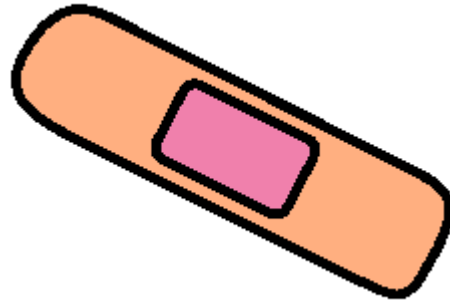The doctor will clean my arm with a cold wipe.

The doctor will carefully put a needle in my arm. I will feel a sharp scratch. This is okay, because it won't last long.

The doctor will put my blood in a tube and then take the needle out.

The doctor will put a bandaid on because I've been very brave.

The tube with my blood will get sent to a laboratory to be tested.

Everyone will be proud of me for being brave and getting a blood test.